CALENDAR				
Sunday	10:00 am	Bible Study	At the building and live stream	
Sunday	11:00 am	Worship	At the building and live stream	
Sunday	4:00 pm	Walking the 12 Steps with Jesus	TBA	
Wednesday	10:30 am	Breakfast with the Seniors	At Perkins Restaurant	
Wednesday	7:00 pm	Bible Study	At Ella Smith's - 2093 Irene Lane, Idaho Falls	
Saturday	7:00 pm	Teen Group	At the building	
June 3 rd	Family Days in the Park $-$ 11:00 am $-$ 7:00 pm. Bring games, sports equipment, and food is picnic style. Sunnyside Park (next to EIRMC)			
June 4 th	Family Days in the Park $-$ 10:30 am $-$ 5:30 pm. Worship starts at 10:30, then a potluck, then games and fun $-$ Sunnyside Park (next to EIRMC)			
June 17 th	Senior Breakfast 10:30 at the building (3 rd Saturday each month.)			
Aug 6 th	Area Singing with the Pocatello Church of Christ at the building.			
Sep 15-17 th	Idaho Falls Youth Rally			

PRAYERS

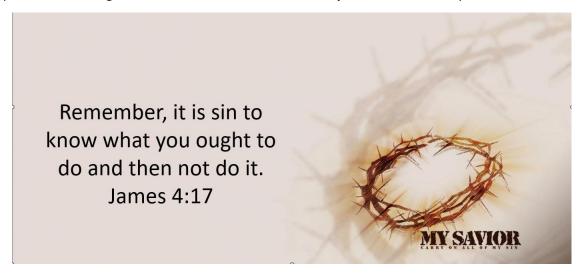
- For Gary Brush, being treated for cancer.
- For Briley, coping with Marfans syndrome.
- For Bobbie Knight. Bobbie Knight, IDOC # 113912, PWCC 2 C, 1451 Fore Rd, Pocatello 83204.
- For Gary, Rob, Kyle & Andy as they lead our congregation.
- For Ryan Burns, Jordan Allbritten, and Thomas Mullinaux, serving in the armed forces.
- For our widows: Myrna, Ella, Miriam, Louise, Sallye, & Carolyn.

LEADERSHIP	Web Page: Idahofallschurchofchrist.org		
Kyle Allbritten, Elder	kallbritten67@gmail.com		
Gary Hunt, Elder	garyhunt136@gmail.com	208-351-8947	
Rob Pope, Elder	robpope2@gmail.com	208-757-8175	
Andy Burns, Evangelist	apburns8@gmail.com	208-569-9193	
Doug Barber – Worship		208-589-3674	
Aaron Kays – Building & Grounds		505-879-4624	
Daniål King – Benevolence		208-970-5078	
Les & Teresa Pope – Special Programs.		208-524-0238	

The Church of Christ in Idaho Falls

WELCOME!!

We're a bible-based congregation of Christians meeting in Idaho Falls to praise and worship the one God and to support and encourage each other. All are welcome! Please join us in our worship services and classes.



Meditation for Today - May 28, 2023

I will try to help others. I will try not to let a day pass without reaching out an arm of love to someone. Each day I will try to do something to lift another human being out of the sea of discouragements into which he or she has fallen. My helping hand is needed to raise the helpless to courage, to strength, to faith, to health. In my own gratitude, I will turn and help others with the burden that is pressing too heavily upon them.

I pray that I may be used by God to lighten many burdens. I pray that many souls may be helped through my efforts.

Redeeming the Past

Isaiah 54:4-8

We make a decision to turn our wills and our lives over to the care of God.

Each one of us comes to God with a past. In turning our lives over to him, we give him our entire selves, including our past losses and shame. We hand over to him every moment of disgrace, every tear we have ever cried, every word we wish we could take back, all the broken promises, the loneliness, all the dreams that died, the dashed hopes, the broken relationships, our successes and failures-all of our yesterdays and the scars they have left in our lives. it



Under Old Testament law, if someone lost freedom, property, or spouse because of a disaster or a debt, the next of kin was looked to as a "redeemer." If property had been lost because of inability to pay, the redeemer would pay for it and return it to the original owner. If a woman lost her husband, the redeemer would marry her, providing her with protection and love. God tells us, "Fear not; you will no longer live in shame. Don't be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth and the sorrows of widowhood. For your Creator will be your husband; the LORD of Heaven's Armies is his name! He is your Redeemer.... For the LORD has called you back from your grief" (Isaiah 54:4-6).

God is our Redeemer, the restorer of our losses. He is Lord of all, even of our days and our dreams in the past. When we give God the past, he can make up for all we have lost. He can rid us of the shame and fill the empty places in our hearts.

Promises

Isaiah 54:10

Here is a promise we can hang on to when everything seems to fall apart and nobody, not even God, seems to care. Natural things that seem permanent, such as mountains and hills, will not last as long as God's mercy for his people. God's promise to us of kindness and peace in the midst of our troubles will never be broken.



Truth be Told

Though it is never easy to face the truth, truth brings healing. God spoke through Isaiah to address the denial of the people of Judah. Over the centuries they had become addicted to the false promises of idolatry. They had developed self-destructive patterns of behavior that included oppressing the poor, accepting bribes, and lying to get what they wanted. Although repeatedly confronted by Isaiah, they refused to admit their sins. Instead, they blamed God for their sufferings and wondered why he refused to bless them.

The second part of Isaiah (40:1-66:24) is dominated by a message of hope. In spite of Judah's unworthiness, God promised that he would lead his people out of Babylonian captivity. He also fore-told the miracle of salvation through the Suffering Servant and his ultimate cosmic victory culminating in a new heaven and a new earth. Through the words of Isaiah we discover that God's ultimate purpose for his people is always their blessing and recovery.

Decide Isaiah 54:1-8

We are told that the Israelites strayed from God and God punished them so they would see the error of their ways and return to him. Then God promised to restore them to himself and bless them. Today we may suffer from the pains that warn us of the dangers we are courting and get us back on God's program. When we make a decision to seek recovery, we are also making a decision to follow God and turn from our old lifestyle. By doing so, we are allowing God to work in us and bless us.

Empowered and Guided

In Isaiah 59:20-21 the prophet makes it clear that God desires our recovery. God gives us his Holy Spirit to empower us and the Bible, his written Word, to guide us. His desire is to change us and for us to begin a new, healthy pattern to pass on to our children and grandchildren. If we want to know how to turn back from our sins, we need to ask God to show us, and he will!

Contributions Last Sunday

General Contribution \$2,317. Missions (combined) \$120.

Commitment

In spite of all the hope we feel for our possible recovery, many find deciding to turn our lives over to God difficult. Some of us want iron-clad guarantees before we decide to turn things over to our Higher Power. Others are fearful of making such a commitment. We are not even sure we can live up to this commitment. What if we make this decision and things do not turn out the way we want?

After a time, we realize that if we want to progress we have to make this decision. We see how the lives of others improve as they take this step. We can choose to take it also.

When we first make the decision to turn our lives over to a Higher Power, we feel good about it. We may perhaps be uneasy or frightened that we will not be acceptable to our Higher Power. We soon learn, however, that when we surrender ourselves totally just as we are symptoms, feelings, imperfections - the way opens for our Higher Power to supply us with what we need.