Falls Idaho Church

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Announcements

- The **Teen Group** needs male chaperones for a trip over the Labor Day weekend. See Kelly for details.
- **Picture Directory** information sheets are available in the lobby or on our web page. Please fill them out and return them or mail them to Kay Elliot. And family pictures are being taken after service by Gary Hunt. Please get your family picture taken in the next few weeks.

Calendar

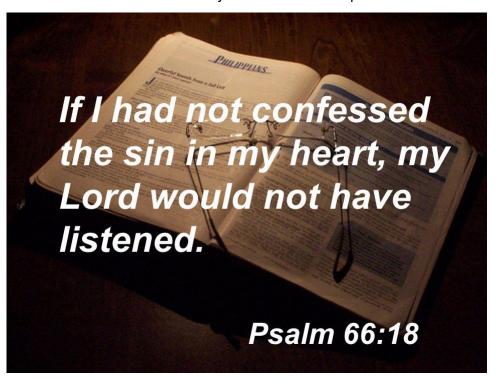
Wednesday Wednesday	4:00 pm Walking the 12 Steps with Jesus At Pam & Rob's 10:30 am Senior Breakfast		
Oct 12th-15th	Linder Road 21 st Spiritual Growth Lectureship . Flyers in the foyer, Link on website.		
Oct 21st	Senior Breakfast at the building (3 rd Saturday each month.)		
Oct 28 th	Annual Chili Cookoff! Start practicing, the competition is fierce! We need cooks and we need tasters, so save the date, plan on coming, and bring some friends!		
Oct 29 th	Harvest Party at the building, starting with a potluck after service and fun for the kids!		
Nov 12 th	Singing Sunday $-$ 6:00 pm at the Pocatello Church of Christ, 3224 Hawthorne Rd, Pocatello, ID (2^{nd} Sunday)		
Dec 8-10th	Winter Rendezvous in Cody Wyoming. The link to the registration page is on our website. Thursday PM "It's True!"		

Prayers

- For Jean's friend Tammi Utter, diagnosed with cancer.
- For Bill Sirdosky, on kidney dialysis.
- For Nathan, working at Project Antioch thru mid-2024.
- For Caleb, working at AIM.
- For Briley, coping with Marfans syndrome.
- For Gary, Rob, Kyle & Andy as they lead our congregation.
- For Ryan Burns, Jordan Allbritten, and Thomas Mullinaux, serving in the armed forces.
- For our widows: Myrna, Ella, Miriam, Louise, Sallye, Cheryl, & Carolyn.

Welcome!

We're a bible-based congregation of Christians meeting in Idaho Falls to praise and worship the one God and to support and encourage each other. All are welcome! Please join us in our worship services and classes.



Meditation for the Day

If your heart is right, your world will be right. The beginning of all reform must be in you yourself. It's not what happens to you, it's how you take it.

However restricted your circumstances, however little you may be able to remedy financial affairs, you can always turn to your inward self and, seeing something not in order there, seek to right it. And as all reform is from within outward, you will always find that the outward is improved as the inward is improved. As you im- prove yourself, your outward circumstances will change for the better. The power released from within yourself will change your outward life.

Online Bulletin is available at our website https://ifcocminister.wixsite.com/mysite

Self-Protection Thessalonians 3:1-8

Many of us know what it is like to be a burden to others. It is a common side effect of being controlled by an addiction or compulsive behavior. Sometimes our behavior has made us lose our job. As a result, we have found ourselves in financial need. This humiliation can affect our family in many ways. We may have caused our loved ones great stress and shame because we haven't provided for their needs.

The apostle Paul taught us to follow this To standard: "For you know that you ought to imitate us. We were not idle when we were with you. We never accepted food from anyone without paying for it. We worked hard day and night" (2 Thessalonians 3:7-8). "Make it your goal to live a quiet life, minding your own business and working with your hands. . . . Then people ... will respect the way you live, and you will not need to depend on others" (1 Thessalonians 4:11-12).

It is important for us to think about how our irresponsibility has affected others. Much pain may have been caused by our failure to provide for our family's needs. We need to reflect on how this failure has caused us to lose their respect and trust. The shame we may feel as we face this aspect of our lives can be terribly discouraging. However, once we face this and become willing to make amends, our sense of self-respect will improve significantly. This step will help us get rid of some of our daily stresses, freeing us to proceed further with recovery.

God is the Source of Our Hope

Sometimes we take our eyes off God and focus too much on fixing our problems. We tell ourselves that if we only keep up our resolve, all will be well. But when we place our hope in anything other than God, we set ourselves up for failure. Part of the reason we are in recovery is that we recognized that our lives had become unmanageable and that we needed God's help. If we depend on resolve alone, we will eventually get so tired of our burdens that we will want to quit. But if we depend on God, he will provide us with the strength and joy we need to persevere.

The Importance of Perseverance

Some of the believers in Thessalonica were sitting back and waiting for the return of Christ. Their lazy, indifferent attitude toward the concerns of everyday life kept them from living responsibly. They soon became a burden to others. Entrusting our lives to God does not give us license to just sit around. We must continue to put forth effort, trusting God to sustain us and bring about the desired result of recovery. Our dependence on God is a partnership with him; he doesn't become our slave. Expecting him to do all the work leads to relapse and will alienate the people who have to pick up after us.

God's Reassuring Power and Presence

We live in a time when evil seems to be on the increase, as it was in Thessalonica. From the New Testament we know that until Christ returns, evil will continue to increase. But we don't need to be surprised or afraid; God is sovereign over the earth, no matter how evil our world becomes. As we consciously work on our relationship with God and continue to turn our lives and wills over to him, he promises to guard us from evil. We can have victory over the evil in our lives by remaining faith to God and obeying him.

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Depend on God Thessalonians 1:3-5

Paul rejoiced that the Thessalonians were maturing in their faith. Their hardships helped to jump start their spiritual growth. Paul reminds us that hardships are learning opportunities. Most of us would not be in recovery except for the pain caused by our dependencies. Just as God used hardships to inspire growth among the Thessalonians, he does the same with us. Painful situations force us to admit that we cannot make it without God. When we realize that we are powerless, we can begin to rebuild our lives on the only sure foundation - Jesus Christ.

Accept Painful Situations

Thessalonians 1:5-8

We often look upon our difficulties as things to avoid at all costs. We run from painful situations, however, only to be trapped by other serious problems. Sometimes the desire to escape pain is the very foundation of our destructive addictions and compulsions. As we learn to face painful circumstances with God's help, we will be freed from the addictive habits we once used for escape. Hardships can become an impetus for spiritual growth, rather than a cause for failure and relapse.