#### **Announcements**

• **Picture Directory** information sheets are available in the lobby or on our web page. Please fill them out and return them or mail them to Kay Elliot. And family pictures are being taken after service by Gary Hunt. Please get your family picture taken in the next few weeks.

#### Calendar

Wednesday Wednesday	4:00 pm
Oct 28 <sup>th</sup>	<b>Annual Chili Cookoff!</b> Start practicing, the competition is fierce! We need cooks and we need tasters, so save the date, plan on coming, and bring some friends!
Oct 29 <sup>th</sup>	Harvest Party at the building, starting with a potluck after service and fun for the kids!
Nov 12 <sup>th</sup>	Orphan Sunday – we'll be taking up a special collection for this special need!
Nov 12 <sup>th</sup>	Singing Sunday $-$ 6:00 pm at the Pocatello Church of Christ, 3224 Hawthorne Rd, Pocatello, ID ( $2^{nd}$ Sunday)
Dec 7-10th	Winter Rendezvous in Cody Wyoming. The link to the registration page is on our website.  Thursday PM "It's True!"

## **Prayers**

- For Michael Elliot, recovering from knee surgery.
- For Jean's friend Tammi Utter, diagnosed with cancer.
- For Bill Sirdosky, on kidney dialysis.
- For Nathan, working at Project Antioch thru mid-2024.
- For Caleb, working at AIM.
- For Briley, coping with Marfans syndrome.
- For Gary, Rob, Kyle & Andy as they lead our congregation.
- For Ryan Burns, Jordan Allbritten, and Thomas Mullinaux, serving in the armed forces.
- For our widows: Myrna, Ella, Miriam, Louise, Sallye, Cheryl, & Carolyn.

# Welcome!

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We're a bible-based congregation of Christians meeting in Idaho Falls to praise and worship the one God and to support and encourage each other. All are welcome! Please join us in our worship services and classes.



# **Meditation for the Day**

"Our Lord and our God, be it done unto us ac- cording to Thy will." Simple acceptance of God's will in whatever happens is the key to abundant living. We must continue to pray. "Not my will but Thy will be done." It may not turn out the way you want it to, but it will be the best way in the long run, because it is God's way. If you decide to accept whatever happens as God's will for yourself, whatever it may be, your bur- dens will be lighter. Try to see in all things some fulfillment of the Divine Intent.

I pray that I may see the working out of God's will in my life. I pray that I may be content with whatever He wills for me.

Online Bulletin is available at our website https://ifcocminister.wixsite.com/mysite

#### Genesis

The book of Genesis is a book of beginnings. It records how the world began and how God created it to be good. It tells us about the first people and how God made them to be excellent. But then it tells us about the beginning of sin - about the first time people decided to reject the program God had laid out for them. It records the first days of shame and of covering up. It records the beginning of our separation from God, each other, and the world God gave us.

We will see how people with perfect health, living in a perfect environment, rebelled against God. And we will see the consequences of their rebellion. We are given intimate glimpses of individuals dominated by hatred, drunkenness, lust, unhealthy family relationships, greed, cheating, irresponsibility, dishonesty, jealousy, violence, and other problems.

But the book of Genesis doesn't leave us in despair. It tells us of yet another beginning. It records how God chose a man named Abraham to father a special nation. And through this nation would come the solution for our separation from God, each other, and the world God gave us. Genesis begins the story of how God began his work of healing broken humanity- a healing to be expressed in the laws he would give his people and culminating in the coming of Jesus, the promised Messiah.

The book of Genesis reminds us of where all our problems began. It spells out the fatal consequences of rejecting God's program. But it also begins the agelong story of God's amazing love for the human race. Through this book we will discover that the only pathway to spiritual wholeness is found by following God's redemptive plan.

#### insights FROM NOAH'S LIFE

After years of waiting, God saw that the human race still refused to live according to his plan. In Genesis 6:5-6 we see that things were getting worse, not better. This broke God's heart because of the great love he had for his creation. It should encourage us to know that God doesn't punish us in anger. He does it for our good because he loves us.

In Genesis 6:7 God promises to judge his fallen and sinful creation. Even though God is patient with us and gives us many chances to change our ways, we cannot act with impunity. Because he is righteous, God must act to protect innocent people who are hurt by sin.

God had assigned Noah the monumental task of rebuilding human society on earth. But God didn't just hand Noah the task and walk away. In Genesis 9:9-13 God promises not to destroy Noah's work with another flood and sets a rainbow in the sky as a seal of his promise. Many of us are rebuilding, too. We can be sure that God will support us with his presence and promises. And we should keep an eye out for the "rainbows" along the way. God often leaves us signs to remind us of his loving presence and care.



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Sometimes we are powerless because of our stations in life. We may be in a situation where other people have power over us. We may feel that we are trapped by the demands of others and that there's no way to please them all. It's a double bind: To please one is to disappoint another. Sometimes when we feel stuck and frustrated with our relationships, we look for a measure of control by escaping through our addictive behaviors.

Hagar is a picture of powerlessness. She had no rights. As a girl, she was a servant to Sarai and Abram. When they were upset because Sarai could not bear children, Hagar was given to Abram as a surrogate. When she did become pregnant, as they had wanted, Sarai was so jealous that she beat Hagar, and Hagar ran away. All alone out in the wilderness, she was met by an angel who gave her an amazing bool message: "Return to your mistress and submit to her authority.' Then he added, 'I will give you more descendants than you can count.' And the angel also said, 'You are now pregnant and will give birth to a son. You are to name him Ishmael (which means "God hears"), for the LORD has heard your cry of distress" (Genesis 16:9-11).

When we are caught in no-win situations, it's tempting to run away through it our addictive/compulsive escape hatches. At times like these God is there, and he is listening to our woes. We need to learn to express our pain to God instead of just trying to escape it. He hears our cries and is willing to give us hope for the future.

### Admit Your Need Genesis 16:7-13



When Hagar could not help herself and recognized her powerlessness over her situation, the angel of the Lord came and ministered to her. Until we recognize that our situation is hopeless without outside help, God waits and does not help us. But when we are ready to admit our need and cry out to him, he is ready to step in.