

## Removing Deeper Hurts

Jonah 4:4-8

We are entirely ready to have God remove all our defects of character.

When we are upset, we often depend on escape mechanisms to make us feel better. This dependance quickly turns in to an addiction. As we get rid of our addictions, we must face the deeper character defects that God wants to heal. Our addictions function as a place of "shelter" from our pain. But when that "shelter" is removed, deep anger may surface, exposing even deeper character flaws that need healing.

Jonah had a glaring defect of character: He couldn't forgive and have compassion on the people of Nineveh, whom he hated. When God decided **not** to destroy them, Jonah threw a temper tantrum. "The LORD replied, 'Is it right for you to be angry about this?' Then Jonah went out to the east side of the city. . . . And the LORD God arranged for a leafy plant to grow there, and soon it spread its broad leaves over Jonah's head, shading him from the sun . . . . The next morning . . . the plant . . . withered away. And as the sun grew hot, God arranged for a scorching east wind to blow on Jonah. The sun beat down on his head until he grew faint and wished to die" (Jonah 4:4-8).

God did this to show Jonah that the real problem wasn't the loss of his shelter. Hatred was the real problem. The removal of our sheltering addictions may expose deeper problems. This may spark defensive anger as God touches our deepest hurts. It is all right to let the anger out. But it is also important to let God take care of the real problem.

## God is Patient

Jonah 4:4-6

God was very patient with Jonah. Rather than condemn him for his anger or punish him for his actions, God taught Jonah another lesson. God used a fast-growing plant to protect Jonan from the scorching heat of the Mesopotamian sun. This kind act did not mean God approved of Jonah's behavior. Sometimes physical blessings from God don't necessarily equal spiritual blessings, nor do they imply the spiritual well-being of the person receiving the blessings.

## Humble Yourself in the Sight of the Lord

Jonah 4:7-9

When the plant died and the hot desert wind and sun beat fiercely against Jonah, he was miserable. He became so upset by his discomfort and the mercy God had shown the Ninevites he wanted to die. He mistakenly thought that the world revolved around him rather than around God and his program. As long as we have a self-centered attitude like Jonah had, we will have little chance of recovery. We need to humble ourselves before God and submit to his plan for us. God's plan may not be the easiest way, and it may not lead us in the direction we want to go, but we can be sure that God's way is always best in the long run.

## Weekly Calendar

Sunday	10:00 am	Bible Study	At the building and live stream
Sunday	11:00 am	Worship	At the building and live stream
Sunday	4:00 pm	Walking the 12 Steps with Jesus	At Pam & Rob's
Wednesday	7:00 pm	Bible Study	At Ella Smith's Nov 2 <sup>nd</sup> & 9 <sup>th</sup> At Rob & Pam's Nov 16 <sup>th</sup> thru Dec.

## Leadership

Web Page: [Idahofallschurhofchrist.org](http://Idahofallschurhofchrist.org)

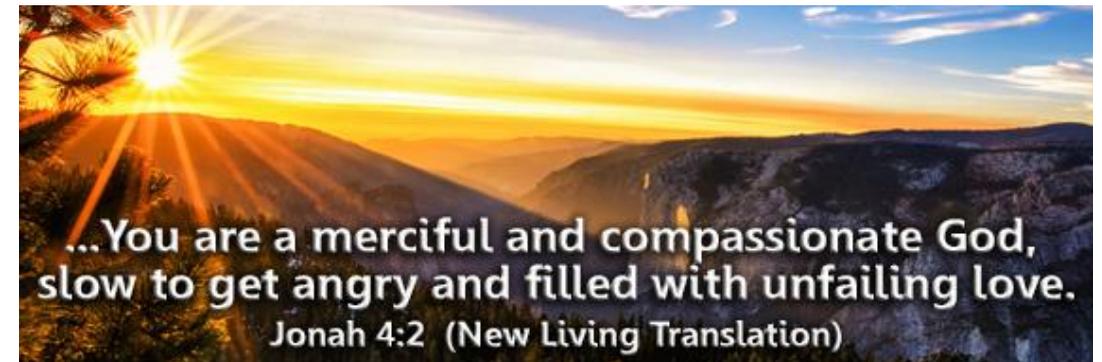
Kyle Allbritten, Elder	<a href="mailto:kallbritten67@gmail.com">kallbritten67@gmail.com</a>	618-638-6894
Gary Hunt, Elder	<a href="mailto:garyhunt136@gmail.com">garyhunt136@gmail.com</a>	208-351-8947
Rob Pope, Elder	<a href="mailto:robpope2@gmail.com">robpope2@gmail.com</a>	208-757-8175
Andy Burns, Evangelist	<a href="mailto:apburns8@gmail.com">apburns8@gmail.com</a>	208-569-9193
Doug Barber – Worship		208-589-3674
Aaron Kays – Building & Grounds		505-879-4624
Daniál King – Benevolence		208-970-5078
Les & Teresa Pope – Mountain States Children's Home		208-524-0238

## Supported Missionaries and Works

Glenn Langston - Blind Ministry	Nathan and Alvin Luther – Philippines	Caleb Odle - Arlington, Texas
Ghana West Africa Water Project		Cimi Kafexhiu - The Church in Dures, Albania

## Keeping God's Priorities

Since Jonah was a prophet of God, we might have expected him to share God's priorities. But when God told him to go to Nineveh, Jonah's response reflected his cultural heritage rather than God's values. Jonah hated the people of Nineveh just as all the people of Israel did-the Ninevites enemies. But God had compassion on these wicked and bloodthirsty people. Jonah needed to get his priorities in line with God's. God desires the salvation of all people, regardless of their race, religion, or nationality. As we share the story of our deliverance, we need to keep this truth in mind.



### Today's Order of Worship

Welcome	Pew Packers
Prayer	Sermon
Song: "Blue Skies and Rainbows"	Song: "God's Family" #744
Song: "Our God, He Is Alive" #23	Reading: Mark 10:14-16
Song: "The Battle Belongs to the Lord" #749	Reading: James 1:27
Reading: 2 Corinthians 1:3-4	Orphan Sunday Collection
Song: "Thank You, Lord" #474	Song: "A Common Love" #705
Song: "Wonderful, Merciful Savior"	Prayer
Communion / Contribution	Announcements

### Events Calendar

- TODAY**      **Orphan Sunday** – On Orphan Sunday, Christians stand for vulnerable children and families in their communities and around the world. We are a people called to defend the fatherless, seek justices, and show mercy and compassion. .
- TODAY**      **Potluck** in honor of **Baby Blue** directly after services.... bring a dish to share for our bellies and something for the baby girl in Kelsey's belly. Registered at Amazon, Target, & Walmart.
- Nov 19<sup>th</sup>      **Senior Breakfast** 10:30 at the building. Seniors, caregivers, and friends are all invited. (3<sup>rd</sup> Saturday each month.)
- Dec 9<sup>th</sup>-11<sup>th</sup>      **West Yellowstone Winter Retreat** is BACK!! We have joined an effort with a few congregations in Wyoming and Montana to bring back the Winter Retreat in December. You must register for the retreat and a hotel separately. See Rob for details.

### Prayers and Praise

- Bob asks prayers for his good friend Sam, who's wife Emily passed away suddenly.
- Miya asks for prayers for Zion. She is still not gaining weight. Her joints have become stiffer and more impaired. She sleeps most of the day. It's tough. Michael & Kay & Miya & Zion will be driving to Boise for more help on the 17<sup>th</sup>. As you go throughout your day or church service, can you please just pray for miracles.
- Prayers for Jean, who got knocked over by the winds and is bruised and sore.
- Jean asks for prayers for her friend Sharon Stickley – problems with dizziness and bouts of vertigo.
- Prayers for all in our congregation and extended family dealing with Covid.
- Prayers for Briley, coping with Marfans syndrome.
- Prayers for continued healing for Kay's nephew Jeremy.
- Prayers for Gary, Rob, Kyle & Andy as they lead our congregation.
- Prayers for health for Anna's Nana, Bonnie Borgstrom, and for her caregiver Barb
- Prayers for Ryan Burns, Jordan Allbritten, and Thomas Mullinaux, serving in the armed forces.
- Prayers for our widows: Myrna, Ella, Miriam, Louise, Sallye, Millie & Carolyn.

# The Church of Christ in Idaho Falls

## Welcome!

We're a bible-based congregation of Christians meeting in Idaho Falls to praise and worship the one God and to support and encourage each other. All are welcome!

Please join us in our worship services and classes.



### Meditation for Today

In our time of meditation, we again seem to hear: "Come unto me, all ye that are weary and heavy laden, and I will give you rest." Again and again we seem to hear God saying this to us. "Come unto me" for the solution of every problem, for the overcoming of every temptation, for the calming of every fear, for all our need, physical, mental, or spiritual, but mostly "come unto me" for the strength we need to live with peace of mind and the power to be useful and effective.

I pray that I may go to God today for those things which I need to help me live. I pray that I may find real peace of mind.